

# Holy Disciples Catholic Middle School

August 07, 2026

Dear Middle School Campus Families,

I hope this letter finds you and your family well-rested and blessed after a joyful summer. As we prepare to begin the 2026–2027 school year, I want to warmly welcome you back to Holy Disciples Catholic Middle School. It is a joy and a privilege to partner with you in the faith formation and academic growth of your children.

Our faculty and staff have been working diligently to ensure a smooth and spirit-filled start to the year. We remain committed to fostering a safe, nurturing environment rooted in Catholic values, where every student is encouraged to grow in faith, character, and knowledge.

Please take a moment to review the important back-to-school information sent to you this week, including drop-off and pick-up information and uniform guidelines. We look forward to welcoming our students on the first day of school, August 31, 2026, with open hearts and great enthusiasm.

Thank you for your continued trust, support, and prayers. Together, let us make this a year of grace, growth, and excellence.

Monday August 31 will be a half-day to provide students time to settle their belongings, meet their teachers, and begin to learn the routines of their new grade. Arrival is between 7:30-7:55am **School begins promptly at 8:00am**. Dismissal is at 12:15pm. All school bus routes will begin on August 31<sup>st</sup>.

- **Monday is an early dismissal day. Arrival is between 7:30-7:55am. Dismissal is at 12:15pm. Students arriving after 8 am are considered tardy and will receive a tardy slip.**
- Lunch will not be available on Monday as there is no school lunch on early dismissal days. Johnny's Kitchen ([ezschoolapps.com](http://ezschoolapps.com)) is our lunch provider. You will receive an email with instructions. You are welcome to send a snack from home on the first day of school.
- There is before care on Monday at the middle school for a fee.
- Before Care hours at the middle school are 7am-7:30am.
- **AfterCare is held at the Elementary School Campus.** *(The Unified bus is available for transporting students to the Elementary School.)*
- **Please ride the bus if you are a Watertown, Waterbury or Naugatuck resident. It's convenient and with the current construction on Main Street it is highly recommended. You must be registered to ride the bus.**

**Reminders:**

**Students (5-8) should be in full uniform on the first day of school.** (Navy/Khaki shorts or skirt, evergreen or light blue polo with school logo (shirt tucked in), plain white or navy crew socks, official school shoes, navy, brown or black plain leather belt). If you need a uniform clothing list, please contact the office.

**Health and immunization forms are due now.** A student may not start the school year without having an updated health form on file. If you have questions please call the main office.

If you have not yet done so, please **update your FACTS portal** with a current email address, cell phone, mailing address, etc., for your emergency contact data so that we are able to reach you if your child becomes ill or injured. If you need assistance please contact Mrs. Goddard or Mrs. Perugini at [eperugini@holydiscipleschool.org](mailto:eperugini@holydiscipleschool.org).

We know that many students were eager to see their homerooms on Facts but there will not be any changes at this time. We understand that families may have questions about their child's placement, and we appreciate your partnership and understanding as we work to create supportive and successful learning environments for all students.

After careful consideration, we have made the decision that **there will not be any changes to homeroom assignments at this time.** Our homeroom placements were made thoughtfully by the administration, taking into consideration a variety of factors, including student needs, classroom dynamics, and the overall balance of each homeroom.

We recognize that this may not be the outcome every family was hoping for, and we understand that transitions and new placements can sometimes bring uncertainty. At this time, however, we believe it is important to allow students and teachers the opportunity to establish routines, build relationships, and begin the school year together.

We will continue to monitor our classrooms and student needs closely. If circumstances arise that warrant reconsideration, we will address them thoughtfully and appropriately.

Thank you for your continued support, trust, and partnership. We are looking forward to a positive and successful school year for all. Thank you for choosing Holy Disciples Catholic School!

With God's Blessings,

Mrs. Rebecca Goddard-Middle School Principal  
Mrs. Deborah Mulhall-Elementary School Principal

Please scroll down for drop off and pick-up instructions.

## **Holy Disciples Catholic School**

### **DROP OFF and PICK UP Procedures**

**SCHOOL HOURS: 8am - 2:15pm**

**IMPORTANT:** At NO TIME should anyone park in the Webster Bank lot or on Woodruff Avenue for pick up or drop off. The police have made this requirement for everyone's safety. We also want to be good neighbors to our local businesses. The police will be called by the bank or others if a car is in violation of this police department requirement. At no time should people gather on the Woodruff sidewalk or Main Street to wait for students. There is parking at the municipal lot on Main Street.

### **School starts at 8AM sharp.**

Please arrive by 7:50 am to allow your child time to get to their homeroom by 7:55 AM. Students arriving after this time will be considered tardy.



There is currently sidewalk construction in front of the middle school. Please leave early enough to ensure your child arrives to school on time.

### **Mornings - Before Care**

You may pull into the school front parking lot to drop off your child. Please make sure your student has entered the building and is in the company of a school employee before leaving.

### **Mornings - Regular Arrival - 7:30-7:50**

**Car:** From Woodruff Ave. turn into the school driveway. Continue up the driveway and make the loop. Return back down the driveway and pull up to the gym entrance and sidewalk. Your child will exit your vehicle and enter through the gym. A school employee will be outside to greet students. Please do not get out of your car. Students will exit your vehicle on the passenger side only. Please ensure all CT motor vehicle laws are followed such as seat belts and car seats for younger children. Students should not be walked into the middle school building at any time.

**Please AVOID TURNING LEFT from Main Street onto Woodruff OR turning LEFT into the driveway in the morning.** This causes traffic tie ups and accidents. If you are on Main Street coming from Waterbury or south, turn left onto Cherry St. then take the fork to the right and follow Scott Road to Woodruff. Turn right on Woodruff and come down the hill.

**Walker Arrival:** Children arriving as walkers must cross at the crosswalk at the direction of the crossing guard. Please do not use the Webster Bank parking lot.

### **Mornings - Bus**

School buses will drive down Woodruff and drop students off on the sidewalk. A school employee will be outside on the curb to greet students. Please be mindful of the pedestrian and vehicular traffic during this busy morning time.

### **Dismissal - Dismissal begins at 2:15PM**

#### **Dismissal - Bus**

Students who ride the bus are dismissed from the lower front door into the lower lot to wait for a bus. A teacher monitors the bus boarding.

#### **Dismissal - Riders**

**RIDERS** will only be dismissed from the gym door directly into cars.

Cars should enter the school driveway and proceed to the back lot where they will loop around in a large circle to head back down the driveway for pickup. Students will be dismissed from the side gym door directly into your vehicle.

**Please create a large sign for your front window (8 1/2 x 11) and write your child's last name in large bold letters on the sign. Display this sign in your front vehicle window. This sign must be visible to the teacher on duty.** This sign allows us to see who is waiting in the upcoming 5-6 vehicles and have students ready. Without the sign, we have to wait until your car is directly at the door before we call your child to the vehicle.

**At no time should a car enter the front lot at the School.** No parent, family member or guest may enter the school building during arrival or dismissal time.

All students must have a written note to turn in with the morning mail, if their regular transportation plans change on a particular day. The note should be dated and indicate what the plan is and who will be picking them up.

**Transportation changes cannot be guaranteed if they are received after 1 PM daily.**

**Transportation changes may not be made by email.**

All many are still in summer mode-this just a friendly reminder that uniforms are required the first day of school. Please pay close attention to the following dress code requirements from the handbook or website.

No makeup.

No artificial nails. Nail polish can be worn but must be light colored.

No artificial eyelashes.

No unnatural hair colors.

Girls may wear one bracelet or necklace but not on gym days.

Boy's hair must be above the collar.

#### **Uniforms and Dress Code (5.508)**

Our official school uniform supplier is Lands' End. You may purchase uniforms by visiting their website at [www.landsend.com/get-started](http://www.landsend.com/get-started). Our school number is 900105479.

**\*The transitional period of the original SMMS and SJS uniforms has ended. All students will need to wear uniform items with either the Unified Schools uniform or new Holy Disciples Catholic School logo as detailed below.**

#### **SUMMER UNIFORM**

Students are permitted to wear summer uniforms from the first day of school to October 31st, and from May 1st to the close of the school year. Changes to such times may only be made by the Principal.

#### **WINTER UNIFORM**

Students must wear the winter uniform from November 1st through April 30th. Changes to such times may only be made by the Principal.