

# READY FOR KINDERGARTEN?

## TIPS FOR PARENTS

Read together every night. Choose simple books so your child can follow along.

Sing the alphabet song. Talk about letters and the sounds they make.

Practice identifying numbers, shapes, and colors in books and in real life.

Encourage your child to speak clearly and in full sentences.

Practice fine motor skills by encouraging your child to color, use scissors, and play with clay.

Take a simple word (e.g., ball, hit) and together come up with words that rhyme.

Visit the library often. Get your child excited about books and reading.

Find everyday opportunities to count out loud and encourage your child to count with you.

Give your child two- and three-step directions to follow, and ask him/her to repeat them.

Get your child used to putting on his/her own jacket and cleaning up after him/herself.



# I'm Ready!

## KINDERGARTEN CHECKLIST



I CAN DRINK FROM A CUP, OPEN A JUICE BOX, AND USE EATING UTENSILS.



I CAN USE THE RESTROOM AND WASH MY HANDS BY MYSELF.



I KNOW MY PARENTS' NAMES AND MY HOME ADDRESS.



I COVER MY MOUTH WHEN I SNEEZE OR COUGH.



I CAN GET MY JACKET ON AND OFF WITHOUT HELP.



I KNOW HOW I'M GOING TO GET TO AND FROM SCHOOL.



### **Remember...**

Children develop at different rates and there is a big range of what "normal" looks like at this age. Schools recognize that children entering kindergarten have different skills levels, and kindergarten teachers are prepared to work with children with a wide variety of skills.